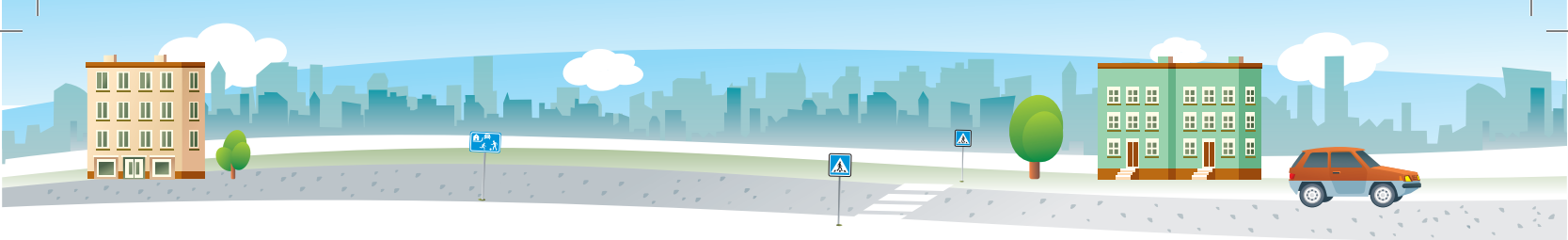


TRAFFIC STUDY BOOK



TRANSPORDIAMET



- ADD A STICKER



- COLOUR



- DRAW



<https://liiklusohutus.agamina.ee/>

Traffic study book for the 1st grade

FREE DISTRIBUTION

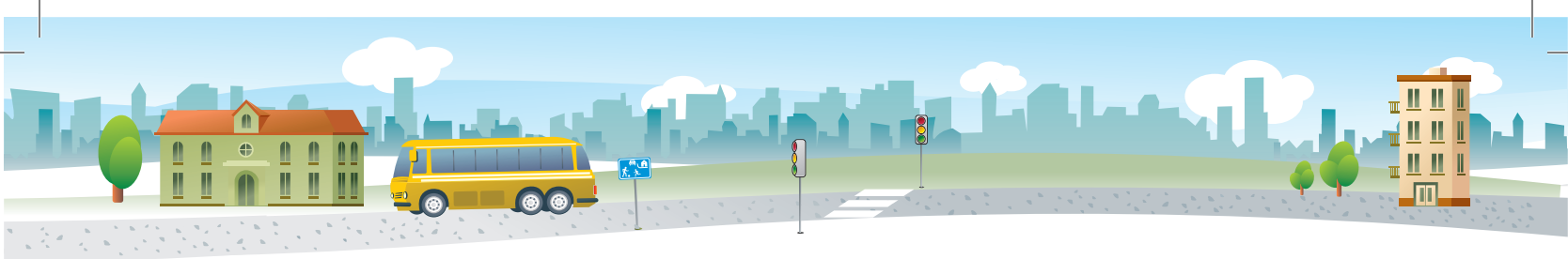
Tallinn 2021

Estonian Transport Administration

Compilers: Merike Saar, Piret Jõul and Eve-Mai Valdna

Design, layout and illustrations: Kaspar Põllu / Bink Creations





DEAR FIRST-GRADER!

YOU ARE HOLDING A TRAFFIC STUDY BOOK.
THIS BOOK WILL TEACH YOU HOW TO ACT IN TRAFFIC.
HERE YOU'LL FIND LOVELY DRAWINGS WITH USEFUL INSTRUCTIONS AND INTERESTING TASKS ABOUT TRAFFIC.
DURING THE SCHOOL YEAR, YOU WILL LEARN ABOUT ALL THE TRAFFIC RULES THAT YOU SHOULD KNOW.
TEACHERS AND PARENTS WILL HELP YOU ON THIS JOURNEY OF KNOWLEDGE.
HAVE A GREAT SCHOOL YEAR!

Dear teacher! Dear parent!

The traffic study book will, with additional instructions from an adult, teach children how to make the right decisions in traffic. The topics in the study book have been distributed on the basis of seasons.

Every topic starts with words of wisdom. Various tasks that are linked to topics will help remember the study material better.

The tasks contain new information and are fun for children.

Some tasks are to be solved with assistance from an adult.

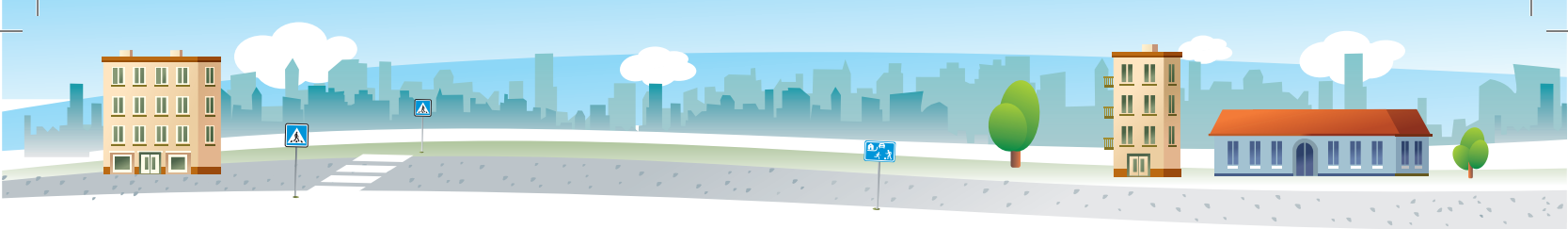
Find time to take part in traffic together!

It is vital for kids that adults set an example!

www.liikluskasvatus.ee

Be safe!





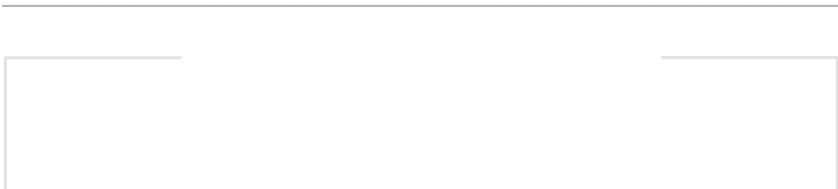
TRAFFIC STUDY BOOK

MY NAME IS _____

- DRAW A PICTURE OF YOUR HOME



MY HOME IS LOCATED _____

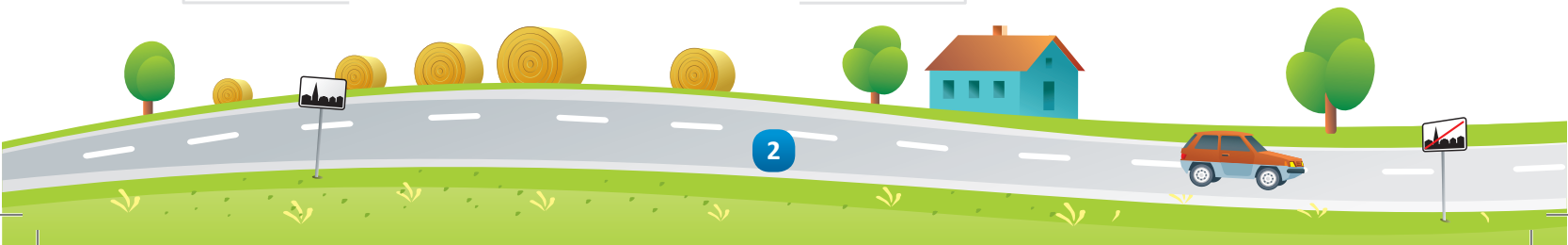


(NAME OF SETTLEMENT AND STREET/VILLAGE)

**I AM A
ROAD
USER**



- DRAW A PICTURE OF YOURSELF GOING TO SCHOOL WHILE WEARING YOUR BACKPACK.



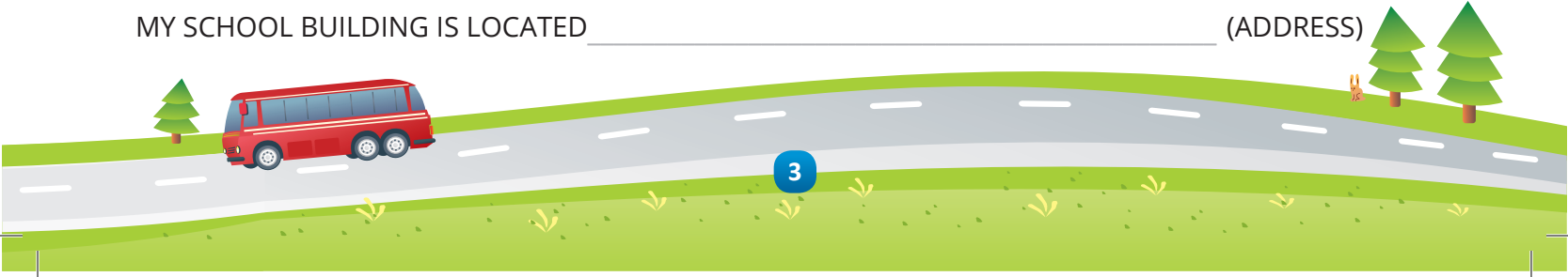


MY ROAD TO SCHOOL

- LOOK AT THESE PICTURES OF SCHOOL HOUSES. COMPARE THEM. DISCUSS IN CLASS.
- COLOUR IN THE PICTURE THAT RESEMBLES YOUR SCHOOL HOUSE



MY SCHOOL BUILDING IS LOCATED _____ (ADDRESS)





FIND OUT WHAT KIND OF ROAD SIGNS CAN BE FOUND NEAR YOUR SCHOOL BUILDING.
COLOUR IN THOSE ROAD SIGNS THAT YOU SAW.





- USE THE THIRD ROW OF BOXES TO DRAW MORE ROAD SIGNS.
- CIRCLE THE PROHIBITORY SIGNS!

HOME ASSIGNMENT

FIND ROAD SIGNS THAT ARE NEAR YOUR HOME. DRAW PICTURES OF THOSE SIGNS HERE.



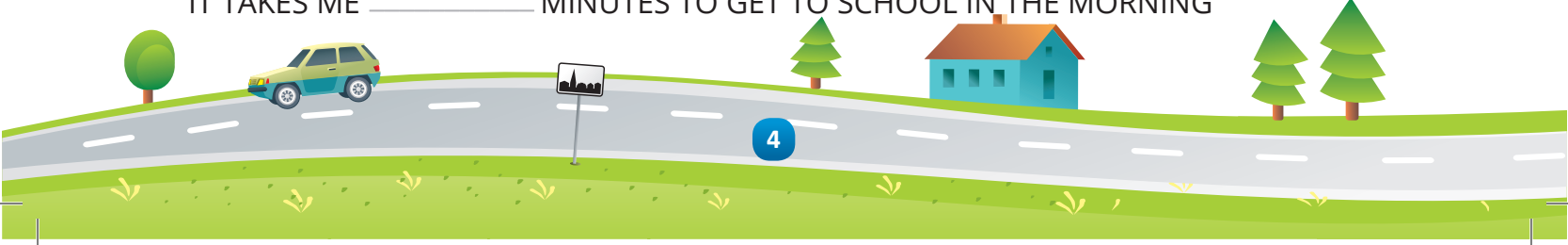
- HOW DID YOU COME TO SCHOOL TODAY? *DRAW A CIRCLE AROUND THE CORRECT ANSWER.*
ON FOOT, BY BIKE, CAR, BUS, TRAIN, TRAM, TROLLEY OR BOAT.

- HOW WILL YOU GO HOME? WRITE IT BELOW.

I WILL GO HOME FROM SCHOOL _____

- WRITE THE CORRECT NUMBER IN THE BOX.
ON YOUR WAY HOME, HOW MANY TIMES DO YOU CROSS THE ROAD?

FILL THIS IN WITH HELP FROM YOUR PARENT.
THE DISTANCE OF MY ROAD TO SCHOOL IS _____
IT TAKES ME _____ MINUTES TO GET TO SCHOOL IN THE MORNING

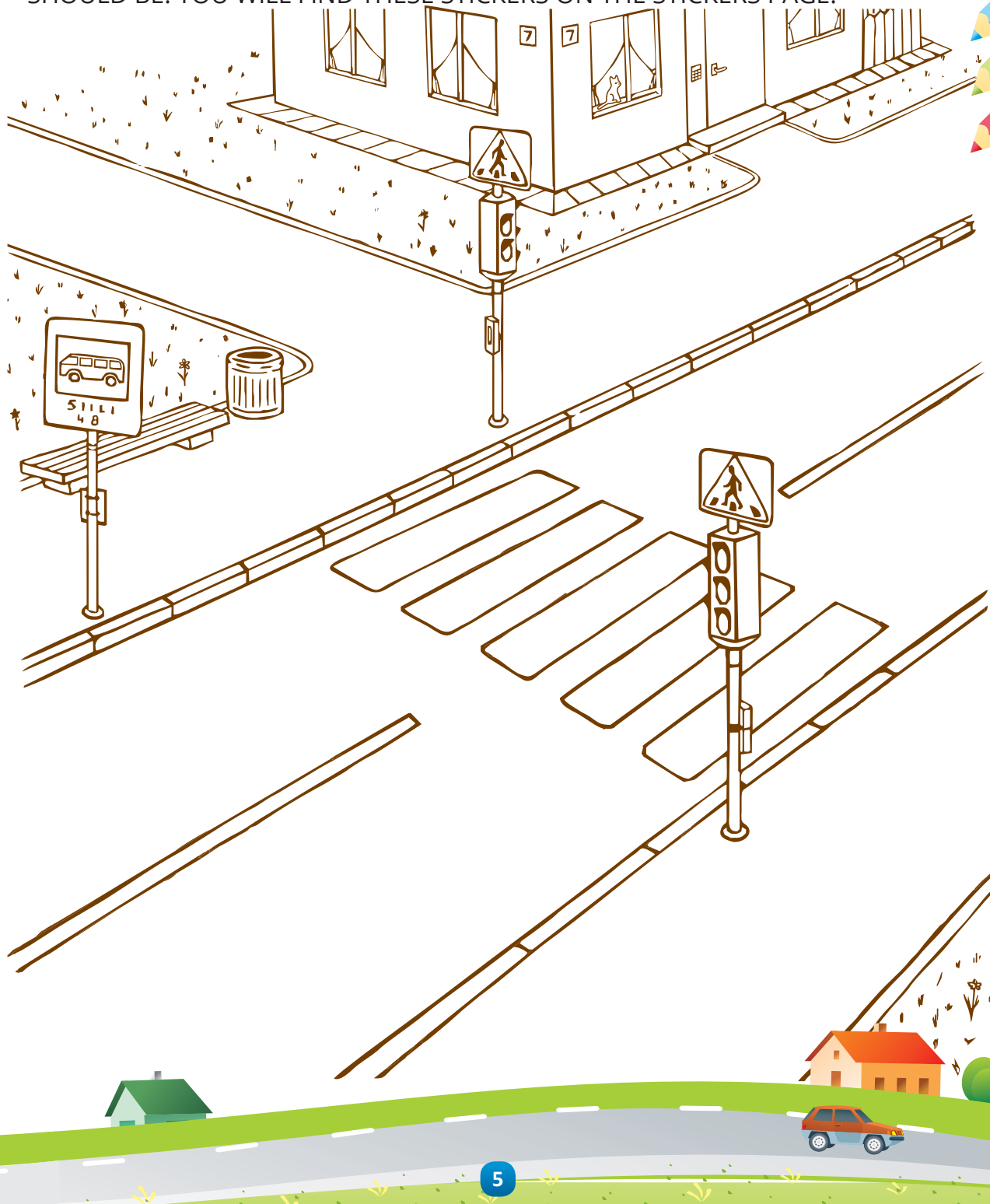


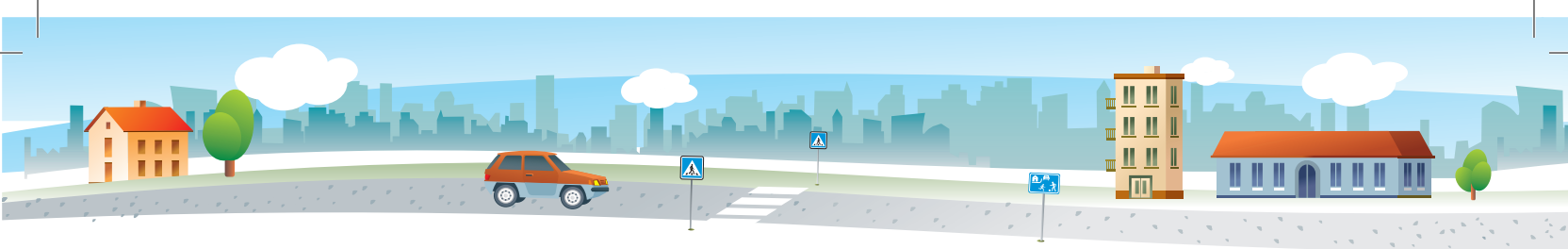


RIGHT-HAND TRAFFIC, ROAD USERS, ROAD SIGNS

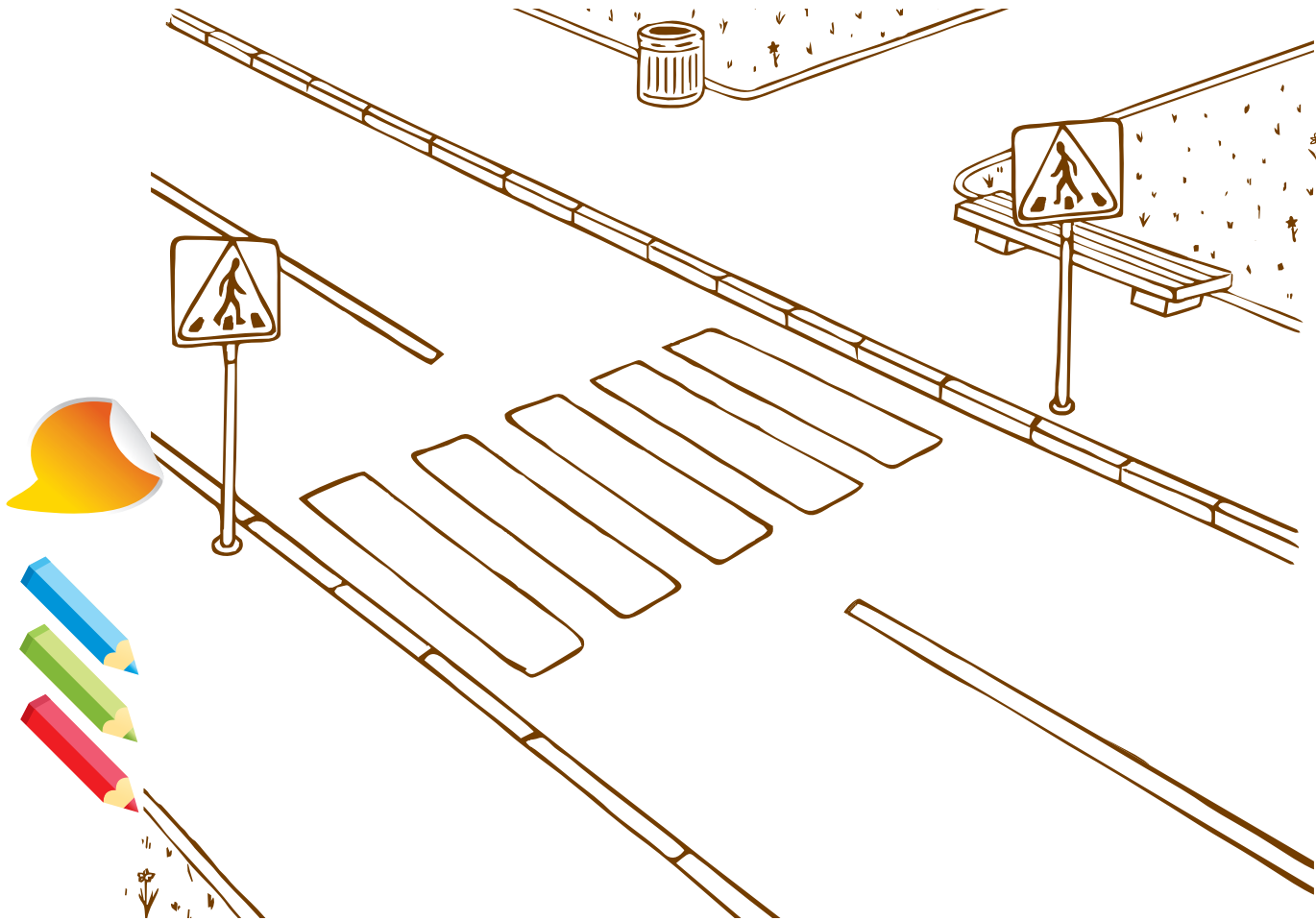
ESTONIA HAS RIGHT-HAND TRAFFIC. THIS MEANS THAT CARS DRIVE ON THE RIGHT SIDE OF THE ROAD. PEDESTRIANS MOVE ON THE RIGHT SIDE OF THE SIDEWALK. PEOPLE HEADING IN MY DIRECTION WILL BE WALKING ON THE LEFT SIDE OF THE ROAD. I PASS OTHER PEOPLE FROM THE LEFT SIDE AS WELL.

- COLOUR THE CAR ROAD IN WITH RED AND THE FOOTPATH WITH WHITE.
- PLACE THE STICKERS FOR **CAR ROAD** AND **FOOTPATH** ON THE RIGHT SIDES. YOU WILL FIND THESE STICKERS ON THE STICKERS PAGE.
- PUT THE STICKERS WITH IMAGES OF PEDESTRIANS AND VEHICLES WHERE THEY SHOULD BE. YOU WILL FIND THESE STICKERS ON THE STICKERS PAGE!





- PUT THE STICKERS WITH IMAGES OF PEDESTRIANS AND VEHICLES WHERE THEY SHOULD BE. TALK TO YOUR TEACHER OR PARENTS ABOUT WHAT A PEDESTRIAN HAS TO DO BEFORE CROSSING THE ROAD! YOU WILL FIND THESE STICKERS ON THE STICKERS PAGE!



PEDESTRIANS WALK ON **PATHWAYS** AND **VEHICLES** DRIVE ON THE **ROAD**. VEHICLES ARE DRIVEN BY PEOPLE WHO ARE CALLED **DRIVERS**. IF I'M RIDING IN A CAR, ON A BUS, TROLLEY, TRAM OR TRAIN, THEN I'M A **PASSENGER**. ALL PEOPLE MOVING ON THE ROAD ARE CALLED **ROAD USERS**.

WE NEED TO LEARN ABOUT AND REMEMBER **ROAD SIGNS** AND FOLLOW THE TRAFFIC ACT.

- A ROAD USER IS A PERSON WHO PARTICIPATES IN TRAFFIC. CONNECT THE SENTENCES THAT GO TOGETHER.

A PEDESTRIAN IS A ROAD USER.

HE/SHE DRIVES A MOTORCYCLE.

A CAR DRIVER IS A ROAD USER.

HE/SHE DRIVES A BUS.

A PASSENGER IS A ROAD USER.

HE/SHE RIDES IN A VEHICLE.

A MOTORCYCLIST IS A ROAD USER.

HE/SHE DRIVES A CAR.

A CYCLIST IS A ROAD USER.

HE/SHE DRIVES A BIKE.

A BUS DRIVER IS A ROAD USER.

HE/SHE GETS AROUND ON FOOT.





• ROAD USERS ARE HIDDEN IN THESE NAMES. WHAT KIND OF ROAD USERS?

SYBIL CICT

RED CAVIRR

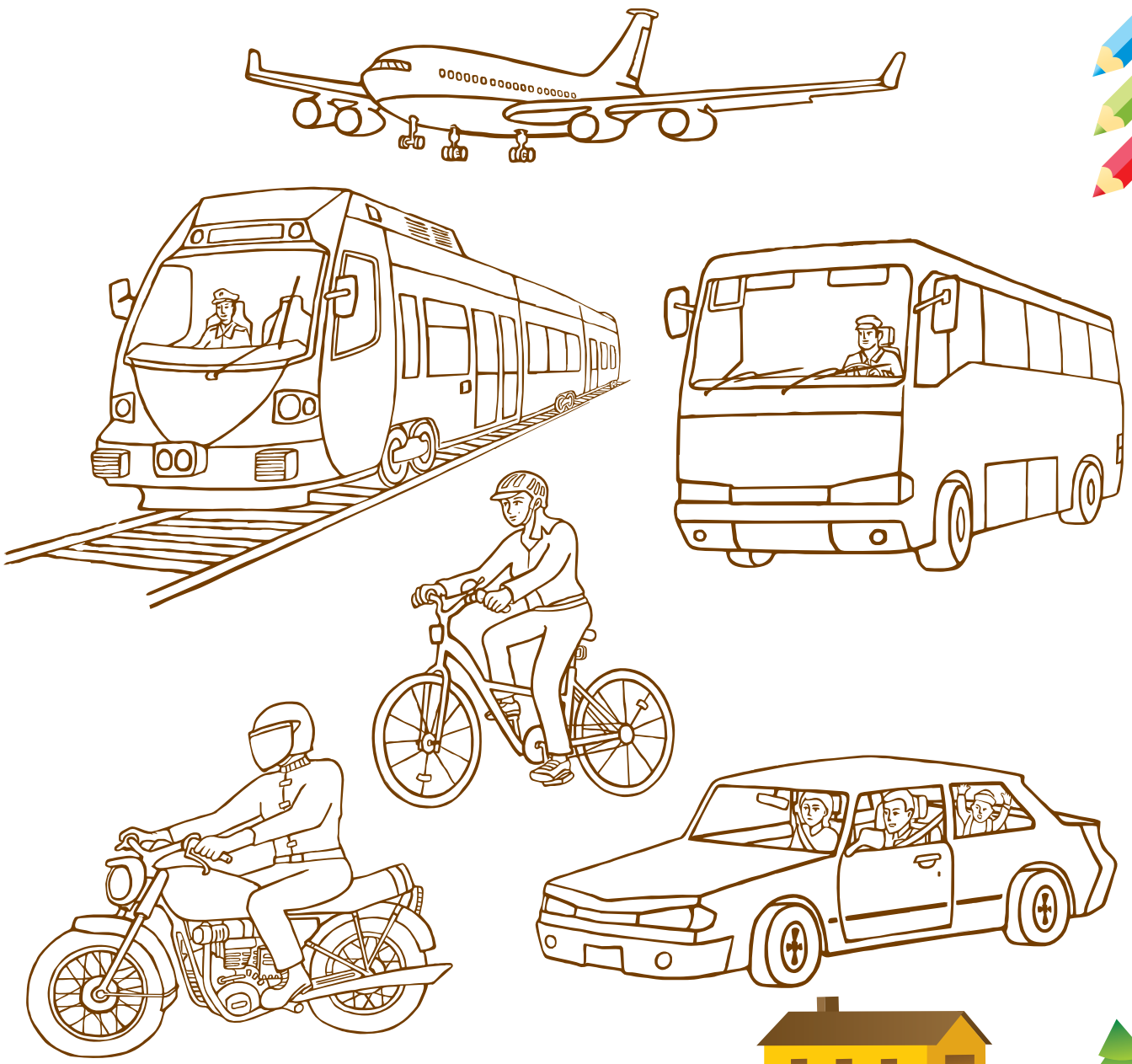
TED SERAPIN

BUD VIRRES

TOM RIKEBRO

TOBY O' CEROSON

• WHAT VEHICLES HAVE YOU BEEN ON? COLOUR IN THE SUITABLE PICTURES.

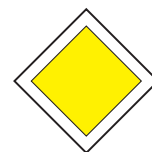




GUESS THE ROAD SIGN!

- CONNECT THE MATCHING SENTENCES AND ROAD SIGNS WITH A LINE.

THIS ROAD SIGN IS ROUND.
THE OUTLINE OF THE CIRCLE IS RED.
THERE IS AN IMAGE OF A PERSON IN THE
CENTRE OF THE CIRCLE. THIS SIGN **FOR-**
BIDS PEDESTRIANS FROM WALKING ON.



THIS ROAD SIGN IS TRIANGULAR. THE
EDGES OF THE TRIANGLE ARE RED.
THERE ARE CHILDREN IN THE CENTRE OF
THE TRIANGLE.
THIS SIGN **WARNS** CAR DRIVERS THAT
THERE IS A SCHOOL OR SOME OTHER
CHILDREN'S ESTABLISHMENT NEARBY



THIS ROAD SIGN HAS 8 CORNERS. THE
SIGN IS RED.
THIS SIGN **TELLS** YOU TO STOP AND LET
OTHERS PASS.



THIS ROAD SIGN IS SQUARE-SHAPED.
THE SIGN IS WHITE AND BLUE.
THERE IS BLACK PERSON AT THE CENTRE
OF THE WHITE TRIANGLE. THIS IS A **SIGN**
FOR A ZEBRA CROSSING.

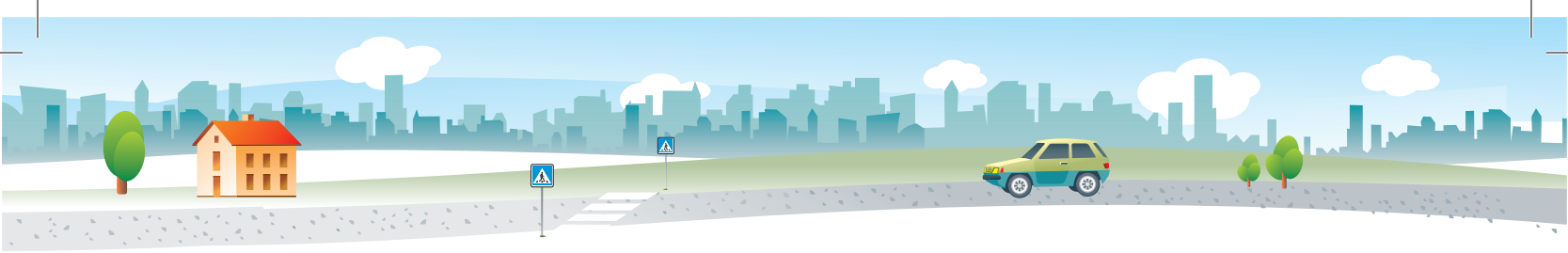


THIS ROAD SIGN IS ROUND. THE SIGN IS
BLUE.
THERE ARE WHITE PEOPLE AT THE
CENTRE OF THE CIRCLE. THIS IS A SIGN
MARKING THE SIDEWALK.



- DRAW CIRCLES AROUND WARNING ROAD SIGNS!





NAMES OF ROAD SIGNS

- PUT THE LETTERS IN THE RIGHT ORDER. YOU WILL GET NAMES OF ROAD SIGNS. CONNECT THE ROAD SIGNS TO THEIR CORRECT NAMES WITH LINES! DRAW CIRCLES AROUND SPECIAL REGULATION SIGNS.



W I A N Q L N K Q
N O W _ _ _ _ _ G



R S S O Q N I A E H Q A
C _ _ _ _ _ G A _ _ _ D

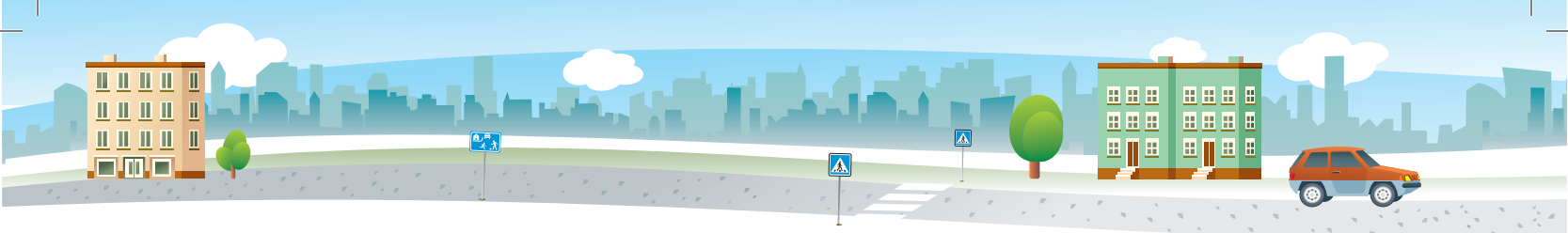


M Q A L R T A Q F F I R A E A
C _ _ M T _ _ _ _ _ C A _ _ A



T O T A P H O R
F _ _ _ _ _ H

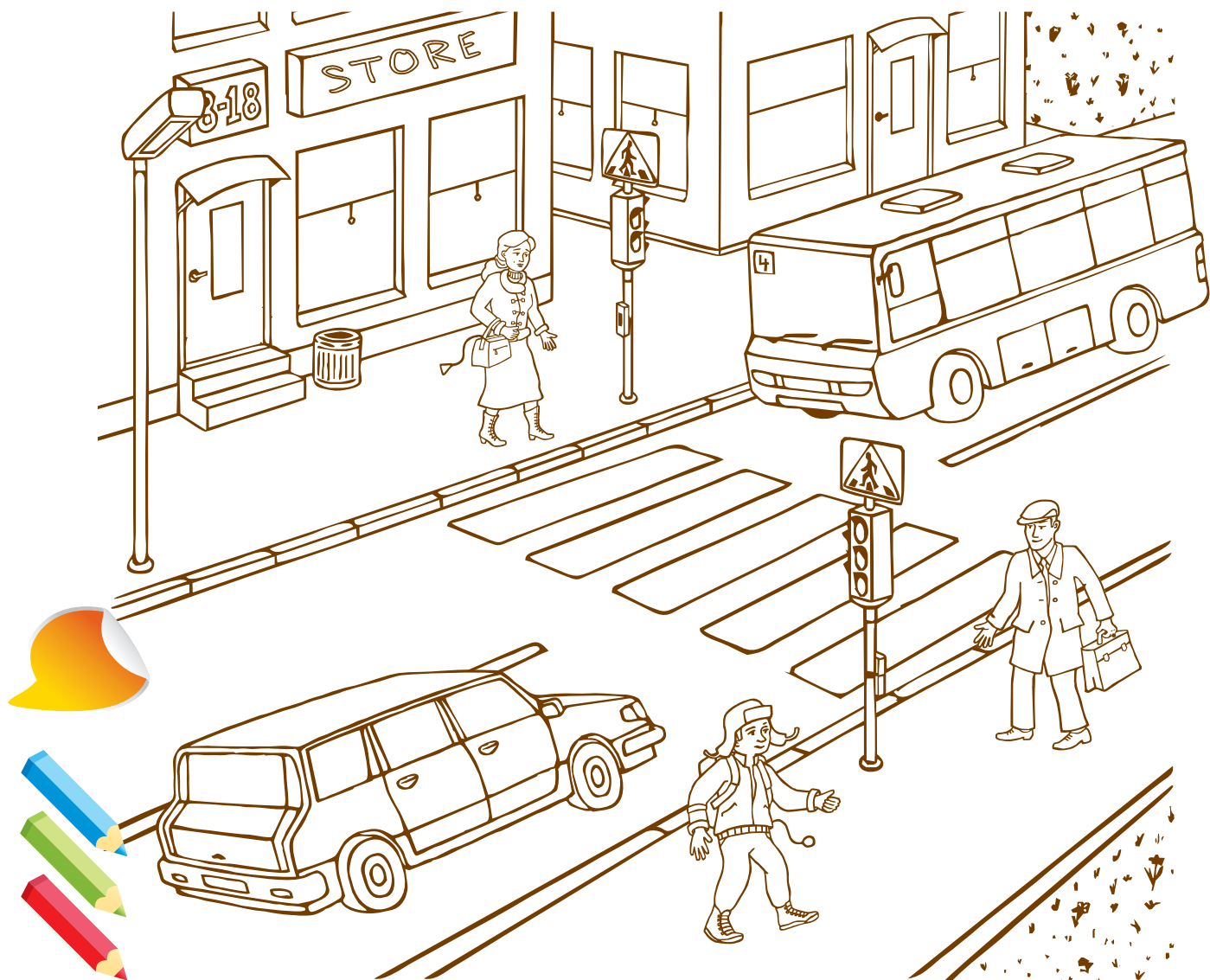




I AM VISIBLE!

WHEN FALL ARRIVES, DAYS GET SHORTER AND SHORTER, WHILE NIGHTS GET LONGER. IT RAINS OFTEN. IT'S DARK OUT WHEN YOU STEP OUTSIDE IN THE MORNING. YOU MIGHT EVEN COME ACROSS FROZEN PUDDLES ON YOUR WAY TO SCHOOL. STREETS ARE ILLUMINATED BY VARIOUS LIGHTS. CAR DRIVERS HAVE A HARDER TIME NOTICING YOU. MAKE YOURSELF VISIBLE!

WEAR A (WHAT?) _____



- PLACE REFLECTOR STICKERS ON THE PEDESTRIANS. COLOUR IN THE LIGHTS OF CARS WITH YELLOW.
- ON YOUR WAY HOME, OBSERVE OTHER PEDESTRIANS AND COUNT HOW MANY OF THEM WERE WEARING A REFLECTOR.

I SAW _____ PEDESTRIANS WITH REFLECTORS



DANGERS IN TRAFFIC

- LOOK AT THE PICTURES AND THINK. WHAT IS WRONG OR DANGEROUS ON THE PICTURE? MARK IT WITH STICKERS OF EXCLAMATION MARKS!



STOP AND THINK!

IT IS VERY DANGEROUS TO CROSS THE ROAD FROM IN FRONT OF A STANDING VEHICLE, AS ANOTHER VEHICLE COULD BE APPROACHING BEHIND IT. LET THE BUS DRIVE OFF AND THEN MAKE SURE THAT IT IS SAFE TO CROSS THE ROAD.

STOP AND LOOK!

THE ROAD IS FOR CARS. CHILDREN SHOULD PLAY ON THE PLAYGROUND. STOP AND LOOK BEFORE YOU STEP ON THE ROAD.



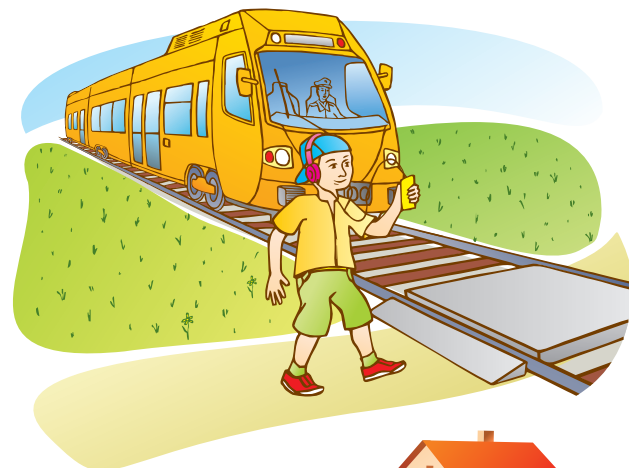
PAY ATTENTION!

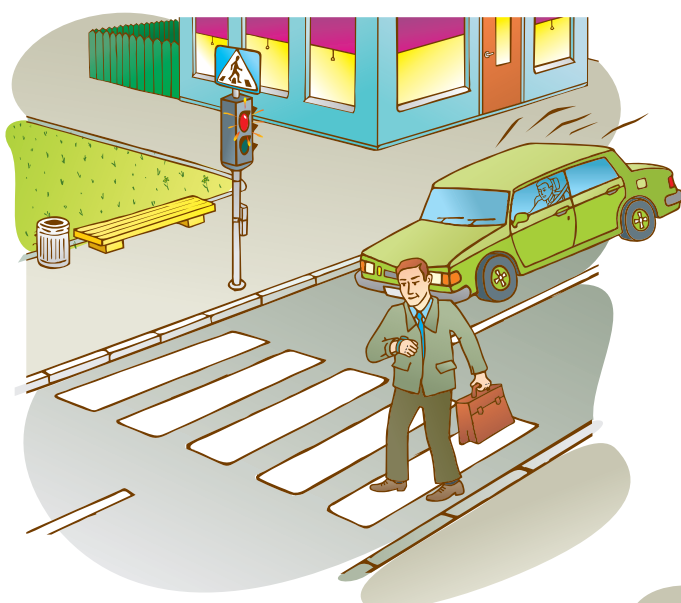
THE DRIVER HAS TO PAY ATTENTION TO THE ROAD TO SEE WHAT IS HAPPENING AROUND HIM. THEY SHOULD STOP THE CAR OR USE A HANDS-FREE DEVICE TO TALK ON THEIR MOBILE PHONE. BE CAREFUL AND PAY ATTENTION TO WHAT OTHER ROAD USERS ARE DOING!



LISTEN!

WHEN ON THE STREET, LISTEN TO THE SOUNDS OF TRAFFIC. YOU CAN LISTEN TO MUSIC AT HOME OR AT A CONCERT.



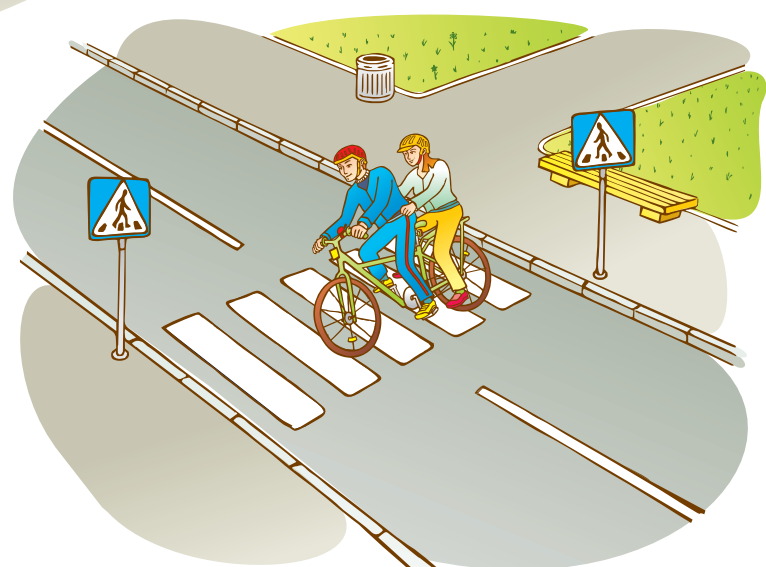


MAKE A DECISION!

PRIOR TO STEPPING ON THE ROAD, MAKE SURE THAT IT IS SAFE TO CROSS. CROSS THE ROAD ONLY WHEN THE TRAFFIC LIGHTS ARE GREEN.

THINK!

THE REAR RACK IS MEANT FOR TRANSPORTING THINGS, YOUR FRIEND COULD FALL OFF OF IT.



THINK AND TELL OTHERS OF THE DANGEROUS SPOTS ON YOUR ROAD TO SCHOOL. DISCUSS WITH YOUR PARENTS, CLASSMATES AND TEACHER, HOW THE DANGEROUS SPOTS ON YOUR ROAD TO SCHOOL COULD BE MADE SAFER. READ THE FOLLOWING STORY ABOUT PAULA. FIND SENTENCES THAT DESCRIBE PAULA DOING SOMETHING WRONG. UNDERLINE THOSE SENTENCES WITH RED.

PAULA SLEPT IN THIS MORNING. SHE GOT DRESSED IN A HURRY. ATE HER BREAKFAST REALLY QUICKLY AND HEADED TO SCHOOL. FIRST SHE STEPPED OUT OF THE GATE AND ONTO THE SIDE-WALK. SHE WALKED ON THE RIGHT SIDE OF THE ROAD. SHE HAD TO CROSS THE ROAD RATHER SOON. PAULA LOOKED LEFT AND THEN RUN ACROSS THE ROAD. SHE WAS IN A REAL HURRY. SUDDENLY, THE GIRL HEAD THE SCREECHING SOUND OF CAR BRAKES. LUCKILY, THE CAR MANAGED TO STOP IN TIME. PAULA WAS VERY FRIGHTENED. SHE WALKED IN A CALM WAY AFTER THIS. IT WAS MOST IMPORTANT TO GET TO SCHOOL SAFELY.

- WHAT WOULD YOU DO IF YOU WERE RUNNING LATE TO SCHOOL? TELL YOUR CLASSMATES.





I HEARD ON THE RADIO THAT A 7-YEAR-OLD BOY GOT RUN OVER BY A CAR LAST NIGHT. HE HAD STEPPED ONTO THE ROAD FROM BEHIND A BIG SNOW WALL VERY SUDDENLY. THE CAR DRIVER WAS UNABLE TO AVOID THE ACCIDENT. THE CHILD WAS TAKEN TO THE HOSPITAL BY AN AMBULANCE.

DISCUSSION

WHAT HAS HAPPENED? WHAT COULD HAVE BEEN DONE DIFFERENTLY TO AVOID A TRAFFIC ACCIDENT?

LOOK AT THE PICTURE AND MARK DANGEROUS SPOTS WITH STICKERS OF EXCLAMATION MARKS! FIELD OF VISION IS THE AREA THAT YOU CAN SEE WITH BOTH OF YOUR EYES WITHOUT HAVING TO TURN YOUR HEAD.



DISCUSS WITH YOUR DESKMATE, WHAT COULD STOP THE ROAD USER FROM GETTING A GOOD LOOK OF THE TRAFFIC SITUATION. WRITE YOUR IDEAS DOWN IN THE TABLE.

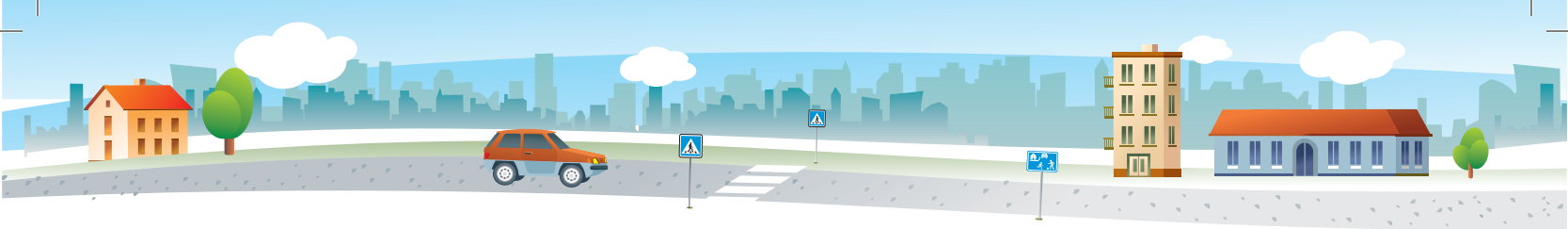


PEDESTRIAN

CAR DRIVER

- LISTEN TO WHAT OTHER PEOPLE CAME UP WITH AND ADD THEIR ANSWERS TO YOUR TABLE.
- PICK ON SITUATION AND MAKE IT INTO A SMALL PLAY. DO NOT FORGET ABOUT THE REFLECTOR.





• WRITE DOWN WHAT YOU SHOULD NEVER DO IN TRAFFIC. IT IS FORBIDDEN TO :

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

HOME ASSIGNMENT

- DESCRIBE WHAT YOU DO TO MAKE SURE THAT GETTING AROUND IN TRAFFIC IS SAFE.
FILL IN ACCORDING TO YOUR MODE OF TRAVEL! ARE YOU A PEDESTRIAN, DRIVER OR A PASSENGER? (IF POSSIBLE, FILL IT WITH HELP FROM YOUR TEACHER OR A PARENT. DISCUSS VARIOUS DANGERS, THESE MIGHT BE INFLUENCED BY WEATHER, SEASON, ENVIRONMENT, OTHER ROAD USERS, ETC.)





CALLING FOR HELP

Estonians have a saying that accidents don't announce their arrival in advance. When something has happened, it is vital to call for help. I have to know the emergency number by heart. It is important to say what has happened and where it has happened. Then answer any additional questions.

ONE WINTER AFTERNOON, 7-YEAR-OLD TOM WENT SLEDDING WITH HIS FRIENDS. TOM'S MUM AND DAD HAD TOLD HIM NOT TO GO SLEDDING ON THE HILL NEXT TO THE ROAD WHERE CARS DRIVE. TOM FIGURED IT WOULDN'T HURT TO SLIDE DOWN THAT HILL JUST ONCE...



1. I WILL DIAL THE NUMBER _____

2. I WILL TELL THEM WHAT HAPPENED _____

WHERE I CURRENTLY AM _____

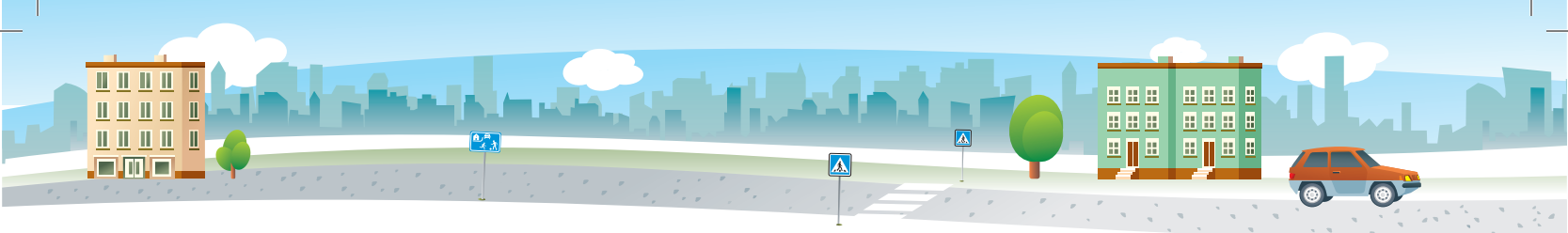
MY NAME IS _____

MY PHONE NUMBER IS _____

3. I WILL WAIT UNTIL THE HELP ARRIVES.

PREVENTION: when sledding, pick a hill that is far from roads. Listen to your mum and dad.



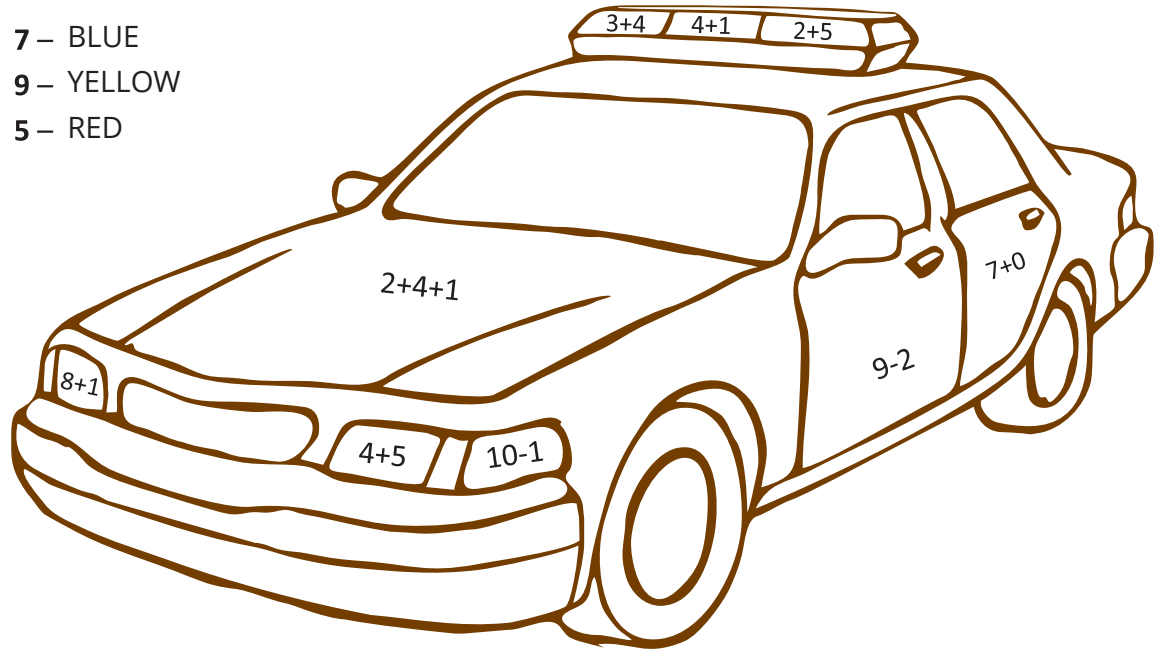


VEHICLES WITH BLUE LIGHTS AND A SIREN

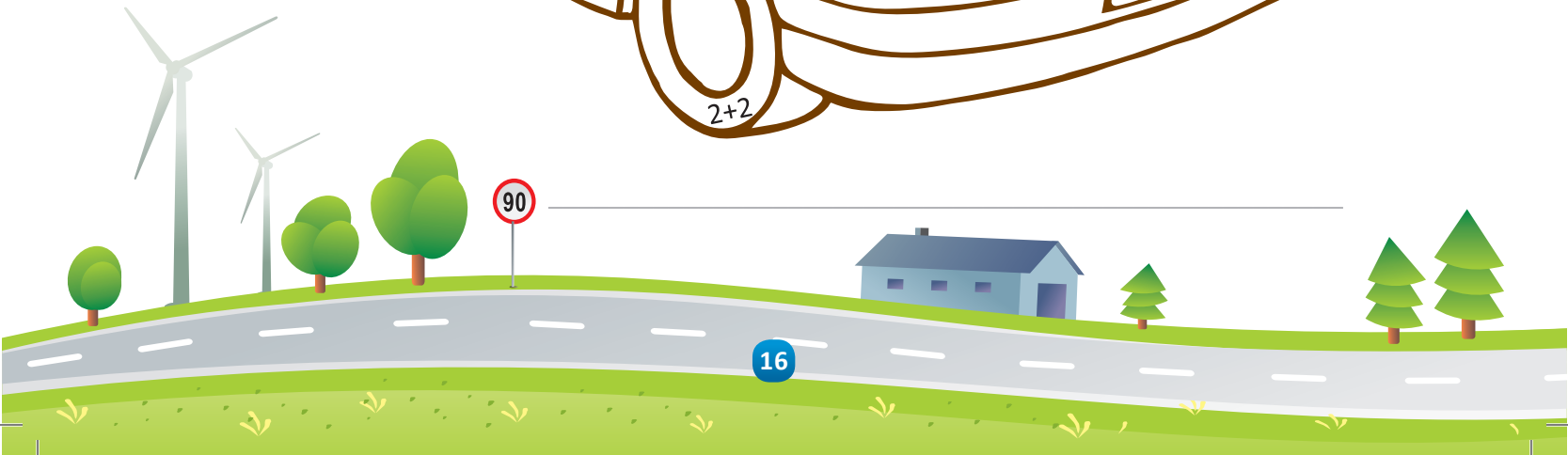
• CALCULATE AND COLOUR IN. WRITE THE NAME OF THE VEHICLE UNDER THE PICTURE.

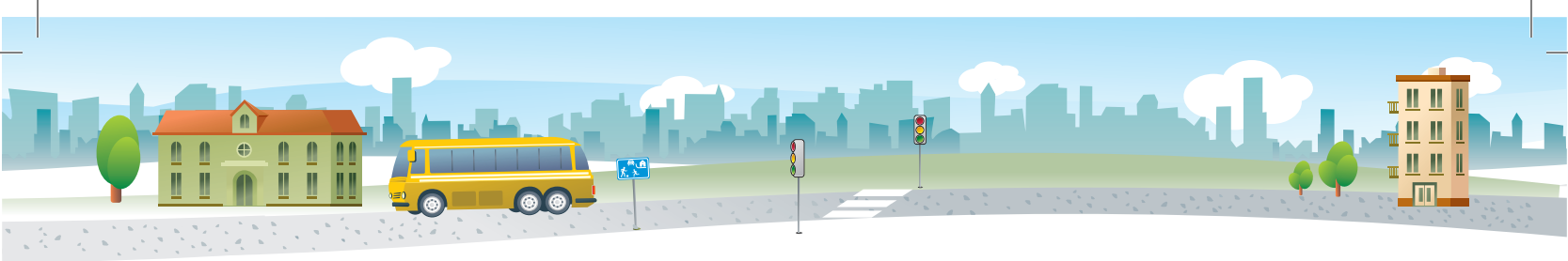


- 7 – BLUE
- 9 – YELLOW
- 5 – RED

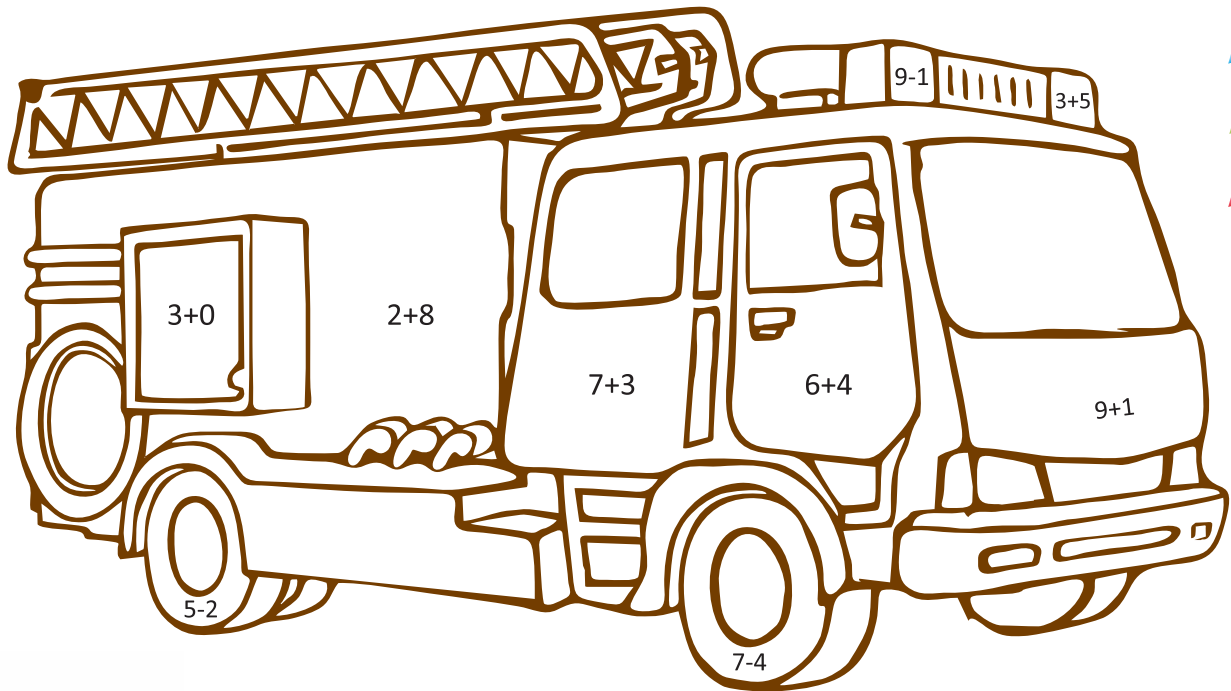


- 4 – BLACK
- 6 – RED





- CALCULATE AND COLOUR IN. WRITE THE NAME OF THE VEHICLE UNDER THE PICTURE.



8 - BLUE
3 - BLACK
10 - RED

- VEHICLES THAT USE BLUE LIGHTS AND A SIREN:

POLICE CARS

AMBULANCE CARS

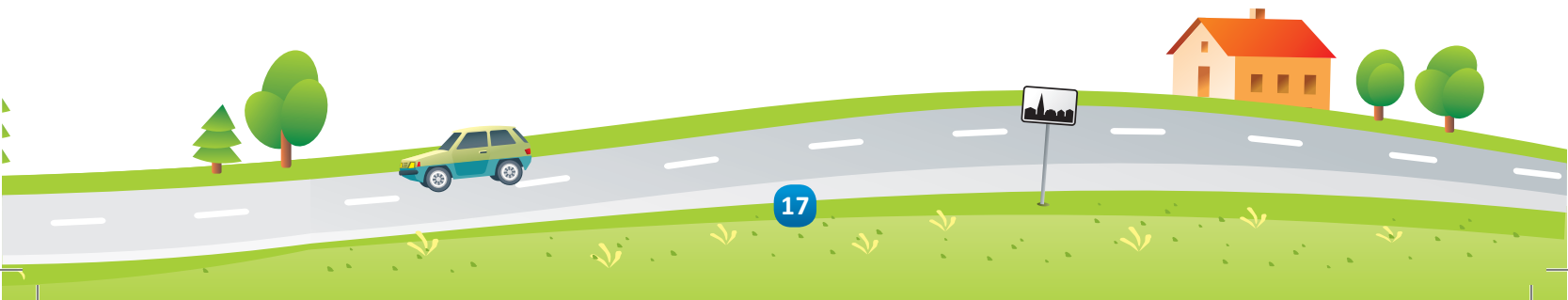
RESCUE CARS

IF THEIR BLINKING LIGHTS ARE ON, I MUST LET THESE VEHICLES PASS!

HOME ASSIGNMENT HOW TO GET TO MY HOME

- DISCUSS WITH YOUR PARENTS.

What is your address and what should you do if you have to call for help. Take the 112 sticker from the stickers page and place it in a visible spot at home.



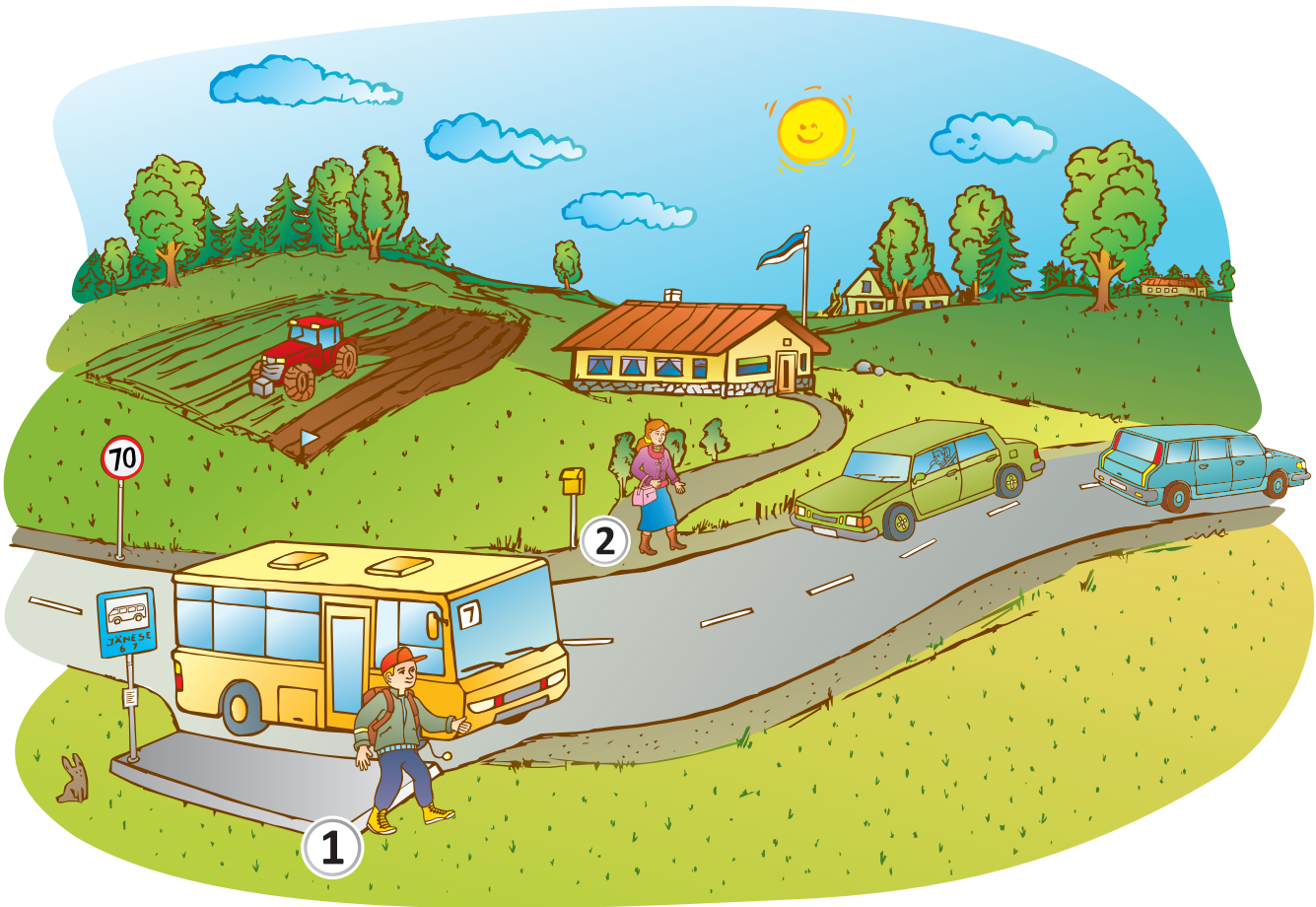


ON THE STREET

OPTIONS FOR CROSSING THE ROAD

THE ROAD IS FOR CARS. A PEDESTRIAN WHO NEEDS TO CROSS THE ROAD HAS TO BE VERY CAREFUL, ATTENTIVE AND MAKE SURE THAT IT IS SAFE TO CROSS THE ROAD.
WHERE CAN A PEDESTRIAN CROSS THE ROAD?

1. PEDESTRIAN CROSSING

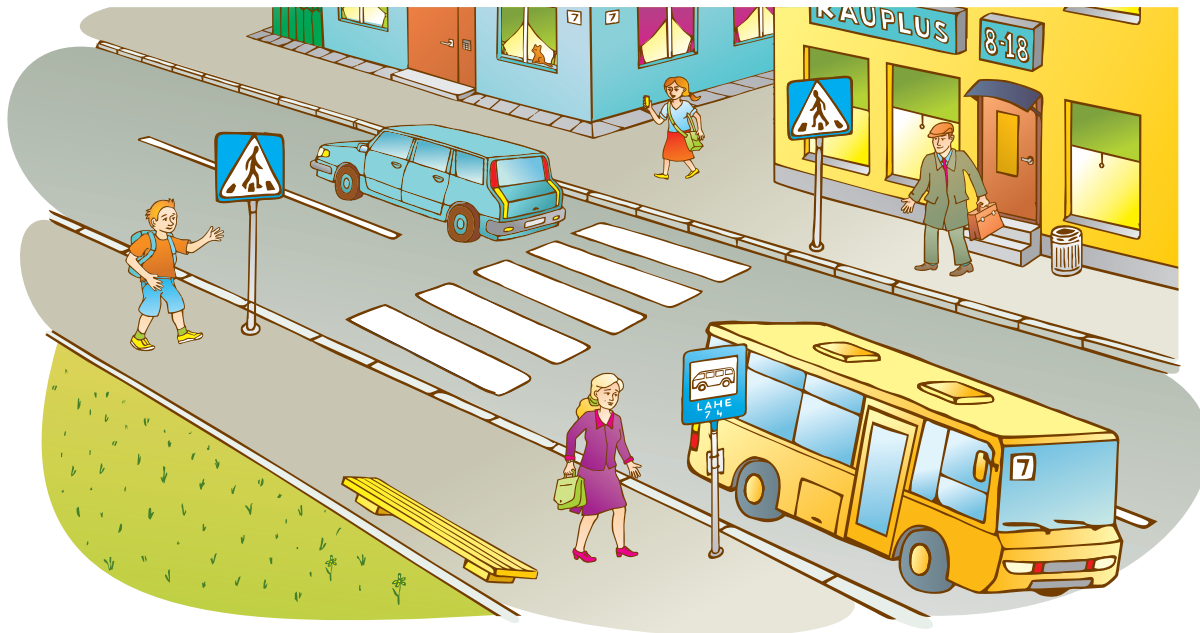


I ALWAYS WALK ON THE LEFT SIDE OF THE ROAD SO THAT I AM FACING CARS THAT ARE DRIVING TOWARDS ME. I WAIT UNTIL THE BUS HAS LEFT THE STOP. IN ORDER TO CROSS THE ROAD, I CHOOSE A SPOT WHERE I CAN SEE FREELY IN BOTH DIRECTION. I STOP BEFORE STEPPING ON THE ROAD. I MAKE SURE THAT THERE ARE NO CARS COMING. I THEN CROSS THE ROAD QUICKLY AND IN A DIRECT LINE.

- WHICH PEDESTRIAN CAN SEE THE ROAD FREELY IN BOTH DIRECTIONS? WRITE DOWN THEIR NUMBER
- DRAW A GREEN CROSS AT THE SPOT WHERE THE CHILD SHOULD CROSS THE ROAD.



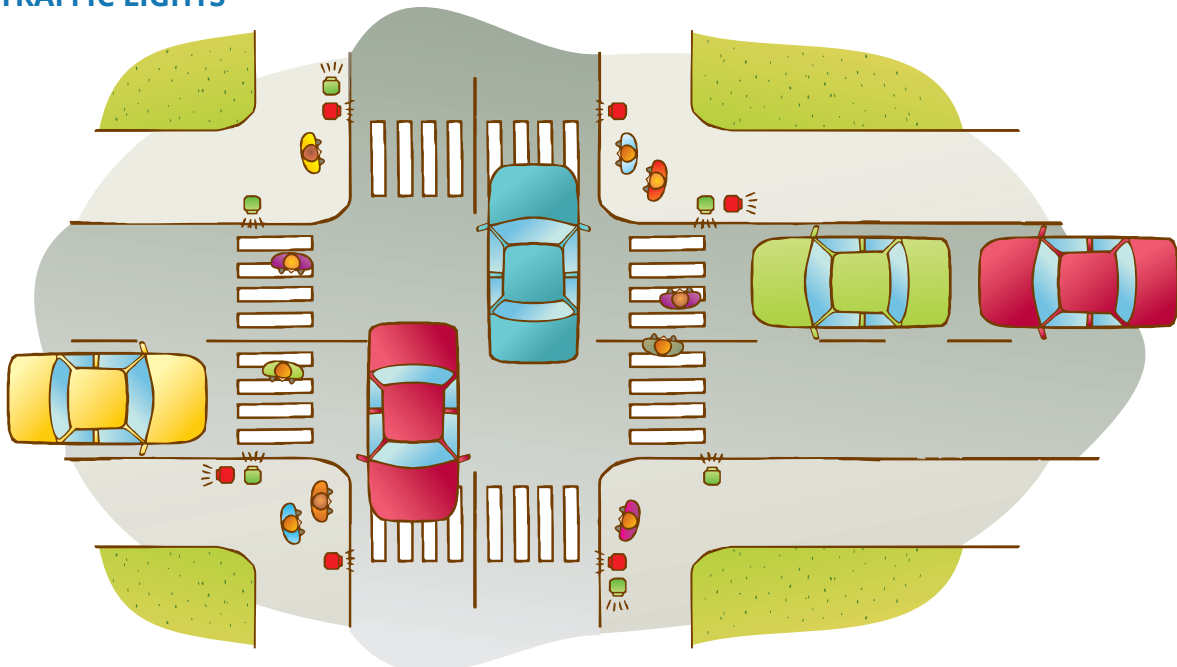
2. ZEBRA CROSSING



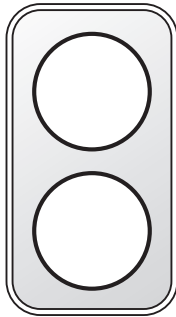
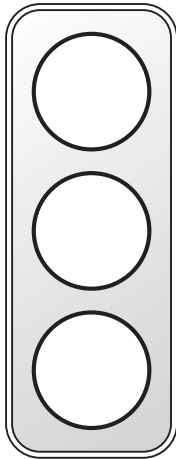
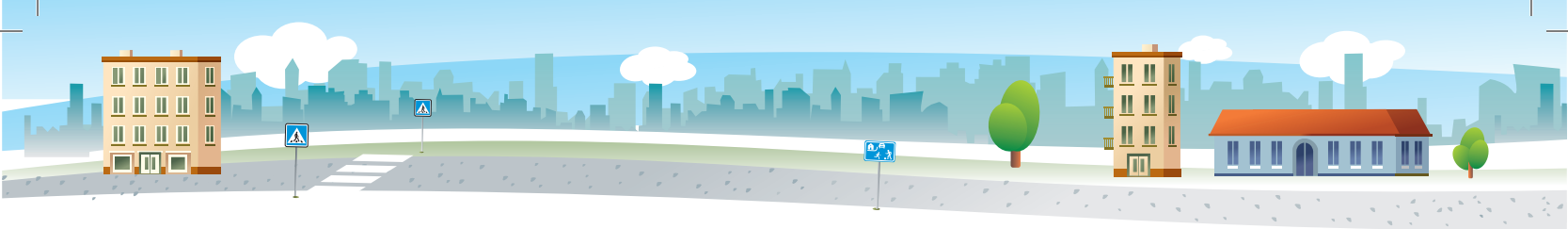
I CROSS THE ROAD AT THE DESIGNATED SPOT. I PAY ATTENTION WHEN CROSSING THE ROAD. BEFORE I STEP ON THE ROAD, I LOOK TO THE LEFT, THEN TO THE RIGHT AND THEN TO THE LEFT ONCE AGAIN. IF THERE ARE NO CARS COMING OR THEY ARE STANDING STILL, I WILL CROSS THE ROAD QUICKLY AND IN A DIRECT LINE.

- DRAW A GREEN CROSS AT THE SPOT WHERE THE CHILD SHOULD CROSS THE ROAD.

3. TRAFFIC LIGHTS



TRAFFIC LIGHTS ARE INSTALLED AT INTERSECTIONS THAT ARE USED BY A LOT OF CARS AND PEDESTRIANS. TRAFFIC LIGHTS HAVE LAMPS IN THREE DIFFERENT COLOURS, THESE TURN ON AND OFF ONE BY ONE. ONLY THOSE ROAD USERS WHO CURRENTLY HAVE A GREEN LIGHT CAN PASS THROUGH.



- COLOUR IN THE TRAFFIC LIGHTS.

WRITE DOWN WHAT EACH TRAFFIC LIGHT COLOUR TELLS YOU.

RED – _____

YELLOW – _____

GREEN – _____

4. PEDESTRIAN TUNNEL AND OVERPASS

BIG CITIES HAVE PEDESTRIAN TUNNELS AND OVERPASSES SO THAT PEDESTRIANS CAN CROSS WIDE ROADS SAFELY. THE PEDESTRIANS ARE ABLE TO CROSS THE ROAD BY WALKING THOUGH THE TUNNEL OR OVER AN OVERPASS. THIS IS THE SAFEST OPTION.



- READ AND DECIDE WHICH WORD FITS THE SENTENCE. CROSS OUT THE WRONG WORDS.

I CROSS THE ROAD AT A SAFE PLACE. BEFORE STEPPING ONTO THE ROAD, I WILL STOP/EAT. I WILL MAKE SURE THAT ONE/ALL VEHICLES HAVE STOPPED/ARE RED. THE EASIEST WAY TO CROSS THE ROAD IS THROUGH A PEDESTRIAN TUNNEL/CAKE OR OVER AN GEARBOX/OVERPASS. WHEN IN A BIG CITY, I CAN USE TRAFFIC/NORTHERN LIGHTS TO CROSS THE ROAD. WHEN CROSSING THE ROAD FROM BETWEEN PARKED VEHICLES, THE PEDESTRIAN HAS TO STOP/JUMP IN ORDER TO MAKE SURE THAT IT IS SAFE TO CROSS THE ROAD. I WILL CROSS THE ROAD QUICKLY/SLOWLY AND WON'T MAKE UNNECESSARY STOPS ALONG THE WAY.





• CALCULATE. SOLVE THE PUZZLE.

6	17	19	20	16	14

12	18	11	13	8	10

- $15 + 2 = \dots\dots\dots A$
 $19 - 5 = \dots\dots\dots Y$
 $13 + 7 = \dots\dots\dots E$
 $20 - 2 = \dots\dots\dots S$
 $11 + 1 = \dots\dots\dots I$
 $15 - 2 = \dots\dots\dots A$
- $12 + 7 = \dots\dots\dots F$
 $18 - 7 = \dots\dots\dots L$
 $10 - 4 = \dots\dots\dots S$
 $20 - 4 = \dots\dots\dots T$
 $20 - 12 = \dots\dots\dots N$
 $19 - 9 = \dots\dots\dots D$

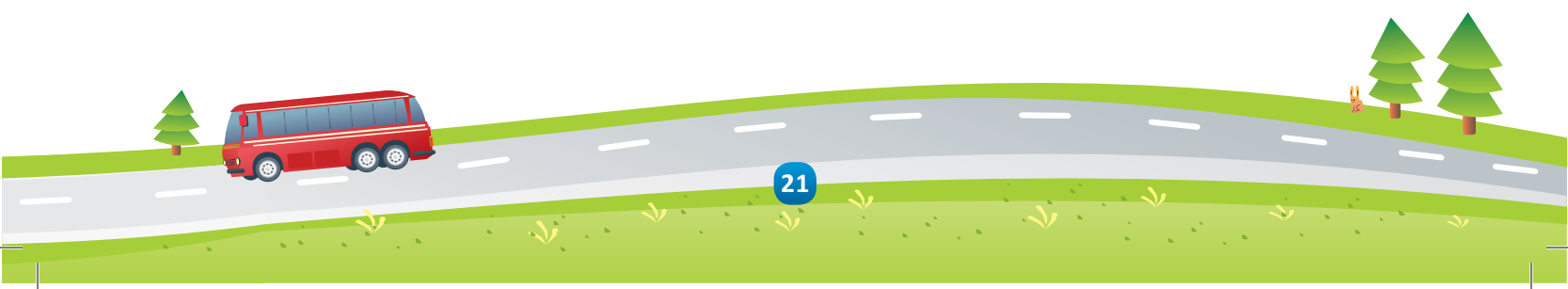
_____ MAKES IT SAFER FOR PEDESTRIANS TO CROSS THE ROAD.

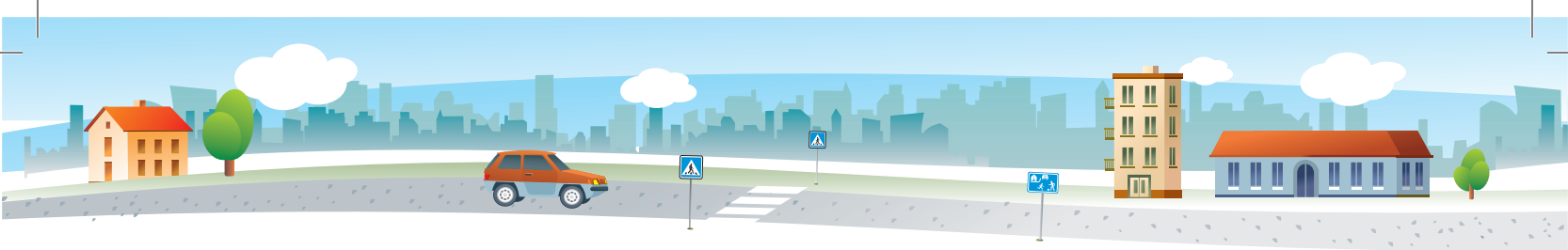
• WHAT SHOULD YOU DO BEFORE CROSSING THE ROAD? (STOP AND THINK, PAY ATTENTION, LISTEN AND LOOK, MAKE A DECISION) GO TO PAGE 11-12 AND REVISE. FILL IN THE BLANKS WITH VOWELS.

S _ _ P A _ _ T _ _ K! P _ Y A _ _ _ _ _ N!
O _ _ _ _ E O _ _ _ _ S! L _ _ K! D _ _ _ _ E!

• READ THE BEGINNING OF THE STORY. WHAT HAPPENS NEXT? WRITE AN ENDING TO THE STORY.

It is nice and sunny outside. Huey, Dewey and Louie head out to the playground. They have taken along racquets and a shuttlecock to play badminton. There are a lot of kids in the playground. The triplets start to play. Suddenly they hear someone crying. What has happened?





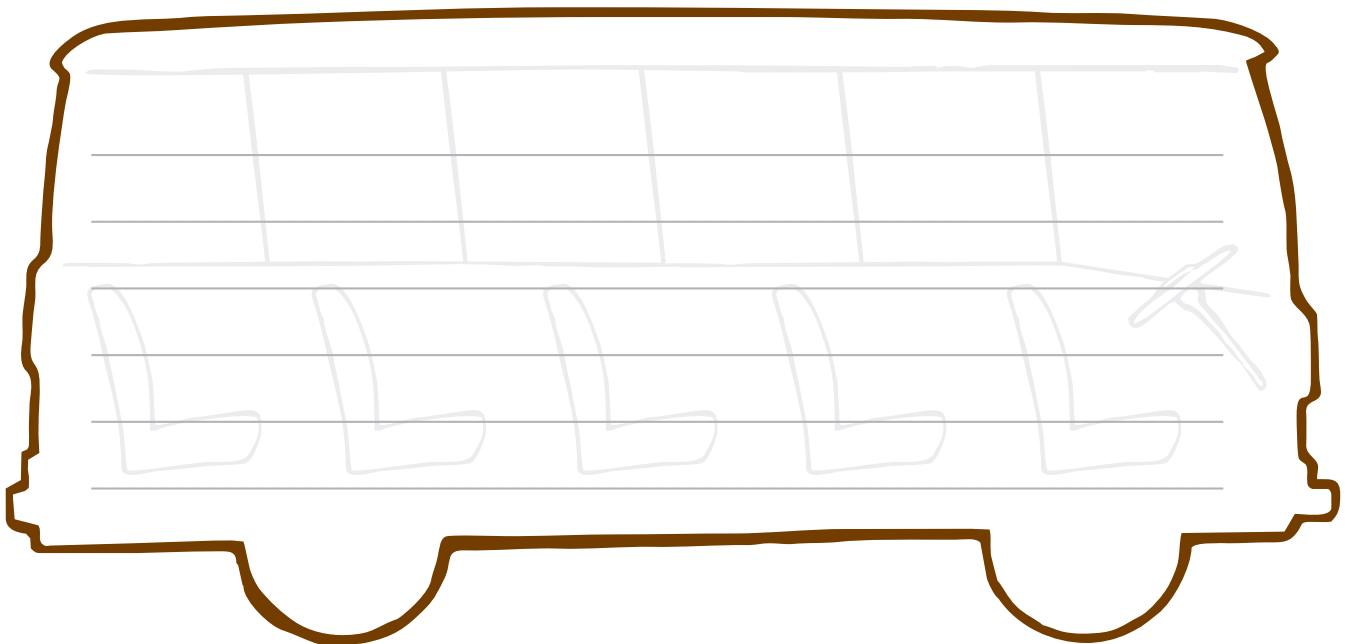
PUBLIC TRANSPORT

A lot of children use public transport to get to school and back home again, they travel by bus, tram, trolley or train. Kids who go to school by bus (tram or trolley) should follow these RULES:

- * I wait for my ride calmly at the bus stop (why is this important?).
- * I get on the bus when it has stopped and those who want to exit have got off the bus.
- * Once on the bus, I sit, standing is allowed only on city buses (why?).
- * I am polite to others (what does this mean?).
- * When getting off a bus, I let it drive away before crossing the road. That way I can see the road both ways.
- * I cross the road in a safe way (how?).

FIELD TRIPS, GETTING ABOUT IN A GROUP

Discuss with your teacher or a parent. Write the rules down together! How should you behave when going to the theatre or on a field trip with your classmates on a bus?



WHERE HAVE YOU GONE BY BUS?







WHERE WOULD YOU LIKE TO GO?





IMPORTANT INFORMATION!

Braking distance is the distance that a car will pass from the moment of stepping on the brakes to stopping completely. **Stopping distance** is longer by the time it takes for the driver to notice the danger and press the brakes.

A pedestrian		1 kilometre
A bicycle		1-2 when walking
A car in the summer, dry roads		1-2 metres
A car in the fall, wet roads		28 metres in the city, when driving at a speed of 50km/h
A car in the winter, slippery roads		38 metres
A train		62 metres

_____ has the shortest braking distance

_____ has the longest braking distance

- UNDERLINE THE CORRECT WORD.

THE LARGER THE VEHICLE, THE *LONGER* / *SHORTER* IS ITS STOPPING DISTANCE.

DURING WHICH SEASON DO VEHICLES HAVE THE LONGEST STOPPING DISTANCES:
IN THE SPRING/SUMMER/FALL/WINTER

REMEMBER:
VEHICLES CANNOT STOP IN AN INSTANT,
THIS IS WHY I DO NOT STEP ON THE ROAD UNEXPECTEDLY!





IN A VEHICLE

I always fasten my seat belt when in a car or on a bus. I make sure that the seat belt is properly fastened.

I fasten my seat belt during shorter drives as well. I take my backpack off before sitting down. I put any other bags in the trunk /luggage compartment.

If the seat belt is too big for me, I will use a booster seat. Children who are younger than me, sit in a safety seat or in a carry cot.

A seat belt keeps me safe from injuries if the car should brake very suddenly or get into an accident. It is safer to drive with a seat belt on.



CARRY COT



SAFETY SEAT



BOOSTER SEAT

Task:

ADD NUMBERS SO THAT THE ACTIONS WOULD BE IN THE RIGHT ORDER:

I make sure that the seat belt is properly fastened.

I always enter a vehicle from the side of the sidewalk.

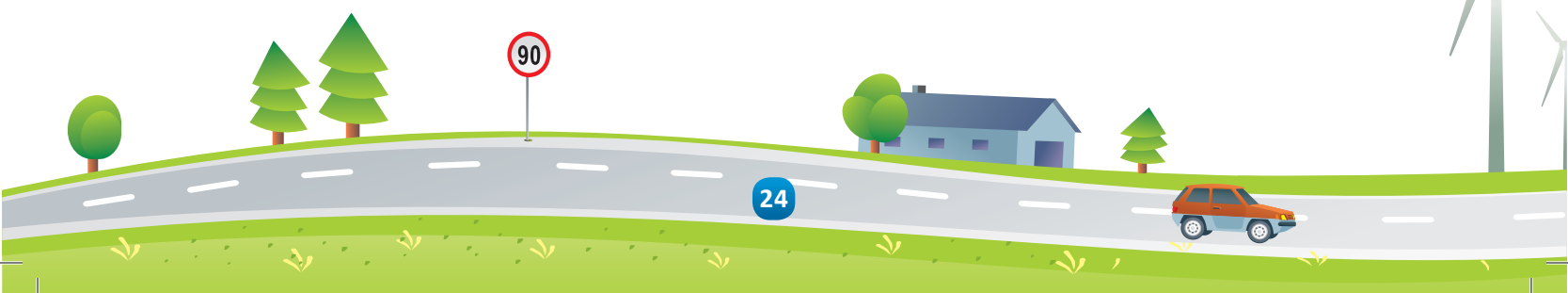
I ask others to fastened their seat belts as well.

I fasten my seat belt before we start driving.

RULES FOR GETTING OUT OF A CAR

I always exit the car from the side of the sidewalk.

Before getting out the car, I make sure that it is safe to do so.





BICYCLE, ROLLERSKATES AND SKATEBOARD

The Traffic Act says that only those children who are at least 10 years old and have a cyclist's permit can drive their bikes on the road. They also have to be wearing a helmet and have their permit with them. You can only drive with a fully operational bike.

"So, I am not allowed to ride a bike?" you may ask.

"Of course you are. But there are safer places for this. For example, footpaths, cycle tracks, walkways and playgrounds. See out round and blue road signs near your home! Ask an adult to come with you, so they can teach you and you can ride together."



footpath



cycle track



cycle and
pedestrian track

Wear a helmet when you are going rollerblading or skateboarding as well. It is also wise to wear elbow and knee pads.

- WRITE DOWN WHERE YOU CAN DRIVE ON YOUR BIKE. ASK YOUR MUM OR DAD TO HELP YOU.

- DRAW A HELMET AND THE BIKE OF YOUR DREAMS.





CYCLIST

- READ. REPLACE PICTURES WITH WORDS.

When I´m riding a  _____ then I´m a cyclist.

When driving a bike, I always wear a  _____.

I fasten my helmet properly. The helmet has to be the right size for me. The helmet protects my head.

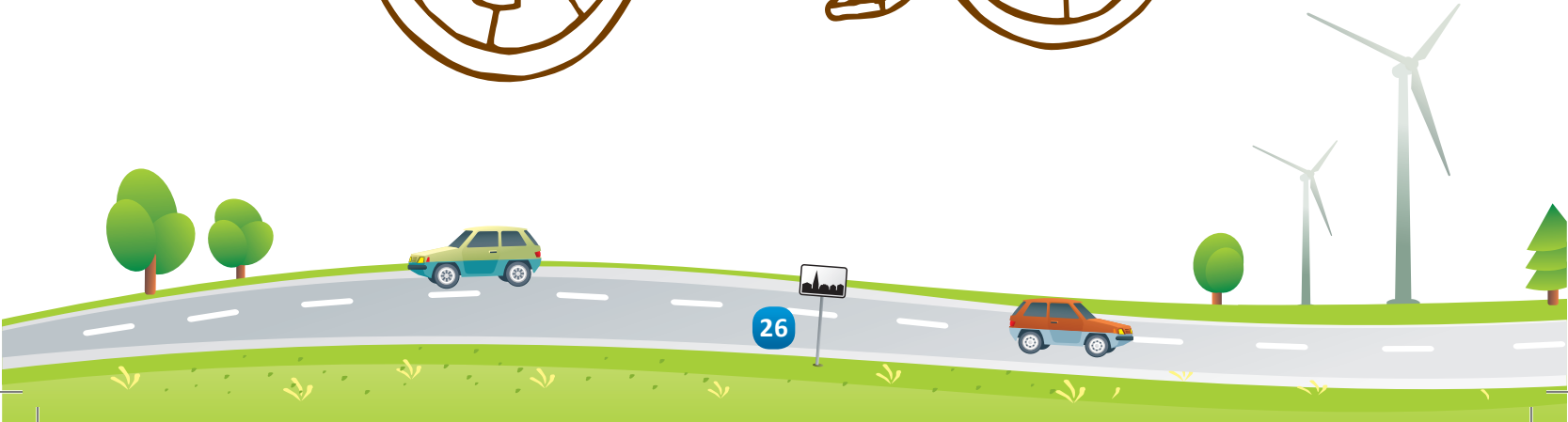
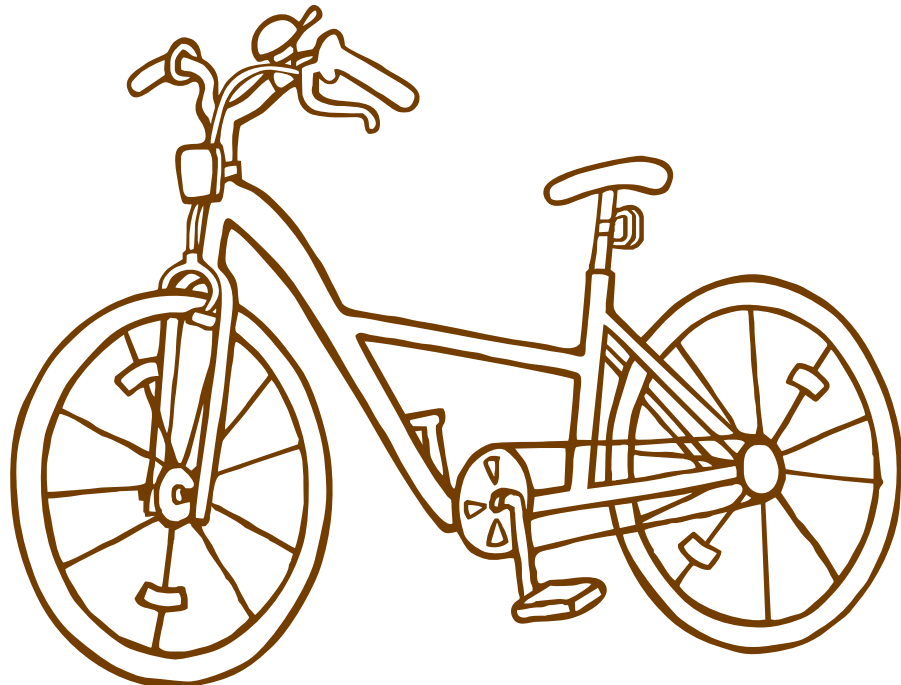
I will wear brightly coloured clothes or  _____.

I am allowed to ride at the  _____, on the sidewalk, in the

garden and in places where  _____ do not drive.

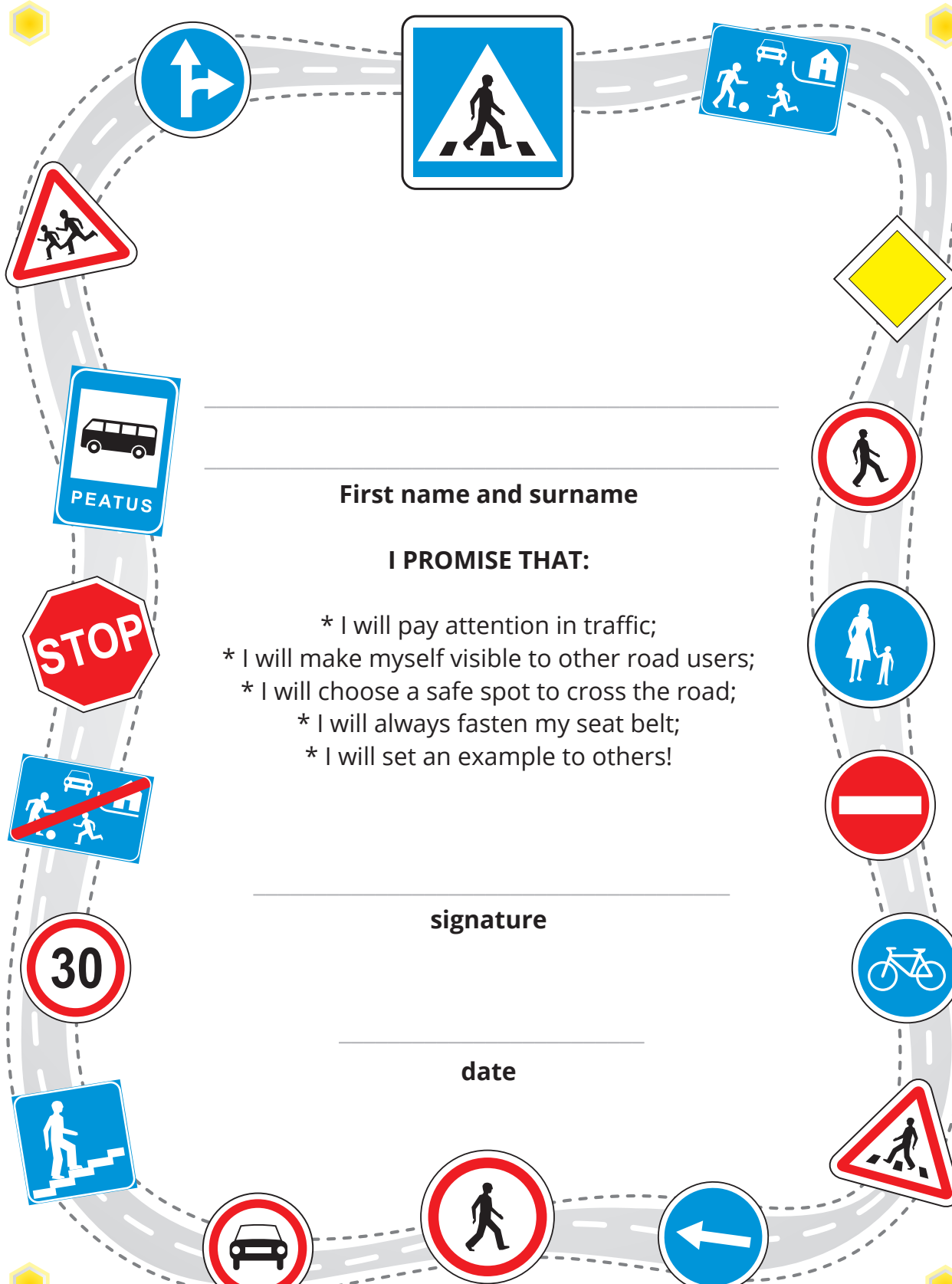
A FUNCTIONAL BIKE

- DISCUSS WITH YOUR CLASSMATES AND TEACHER WHAT A FULLY FUNCTIONAL BIKE LOOKS LIKE. TAKE WORDS FROM THE STICKERS PAGE AND PLACE THEM AT THE CORRECT SPOT ON THE PICTURE. COLOUR IN THE BIKE.





A PEDESTRIAN'S CERTIFICATE



First name and surname

I PROMISE THAT:

- * I will pay attention in traffic;
- * I will make myself visible to other road users;
- * I will choose a safe spot to cross the road;
- * I will always fasten my seat belt;
- * I will set an example to others!

signature

date



REVISION!

FILL THE BLANKS WITH CORRECT WORDS. THE WORDS THAT YOU NEED ARE UNDER THE TEXT.

_____ walk on the sidewalk. _____ drive on the road.

_____ are people who drive vehicles. When I'm sitting in a car, on a bus or train, than I am a _____.

_____ mean and follow _____.

passenger, vehicles, drivers, pedestrians, traffic rules, road signs.

Useful links

- Traffic-related study environment www.liikluskasvatus.ee
- Stories by Leo the Lion <https://www2.politsei.ee/et/lastenurk/>
- <https://liiklusohutus.agamina.ee/>

Answers for page 7

1. SYBIL CICT - bicyclist
2. RED CAVIRR - car driver
3. TED SERAPIN - pedestrian
4. BUD VIRRES - bus driver
5. TOM RIKEBRO - motorbiker
6. TOBY O' CEROSON - boy on scooter

Answers for page 9

1. no walking
2. crossing ahead
3. calm traffic area
4. footpath

Answers for page 21

1. safety island
2. Stop and think!
Pay attention!
Observe others!
Look!
Decide!





WARNING SIGNS

LET DRIVERS KNOW OF ANY POTENTIAL DANGERS



UNREGULATED
PEDESTRIAN
CROSSING AHEAD



PEDESTRIANS



CHILDREN



CROSSING
WITH A
CYCLE TRACK



ROAD
WORKS



UNREGULATED
LEVEL
CROSSING

RIGHT-OF-WAY SIGNS

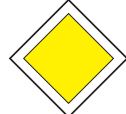
DETERMINE THE DRIVING ORDER



GIVE
WAY



STOP AND
GIVE WAY



PRIORITY
ROAD

PROHIBITORY SIGNS

PROHIBIT MOVEMENT



NO
DRIVING



NO
DRIVING
ON A BIKE



NO
WALKING

MANDATORY SIGNS

LET YOU KNOW WHAT TO DO AND WHO CAN BE THERE



CYCLE
TRACK



PEDESTRIAN
TRACK



CYCLE AND
PEDESTRIAN
TRACK

SPECIAL REGULATION SIGNS

PROVIDE INFORMATION AND CLARIFICATIONS OF THE TRAFFIC SITUATION



CROSSING
AHEAD



CALM TRAFFIC
AREA



END OF CALM
TRAFFIC AREA

SERVICE PLACE SIGNS

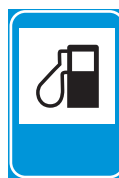
SHOW YOU WHERE TO GET HELP AND SERVICES FROM



FIRST AID



POLICE



GAS STATION



TRAFFIC STUDY BOOK



TRANSPORDIAMET